



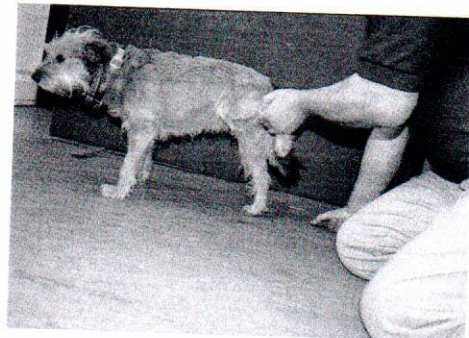
the
the

Figure 8.100 *Backwards walking.* Hold a treat at your dog's face and gently push ~~towards the~~ nose encouraging your dog to walk backwards. Try to manage 3 metres at a time. Repeat ~~the~~ times twice daily.

towards



Figure 8.76 *Rebounding.* Place your hands either side of the dog's hips or shoulders and gently push from side to side for 60 seconds. Repeat twice daily. The force should be sufficient to make the dog transfer weight from side to side but not strong enough to knock the dog over.



legs

Figure 8.62 *Three-leg standing back leg.* Lift the unaffected back leg of the dog off the ~~ground~~ hold for 60 seconds or as long as it will tolerate. Repeat three times twice daily. If both ~~back~~ legs are affected, repeat with the other leg.

ground
both back



Figure 8.29 *Biscuits from the hips.* With the dog standing, move a treat from the nose to the left hip. Repeat to the right hip. Make sure the dog shifts its weight from side to side. Repeat 10 times twice daily for both sides.

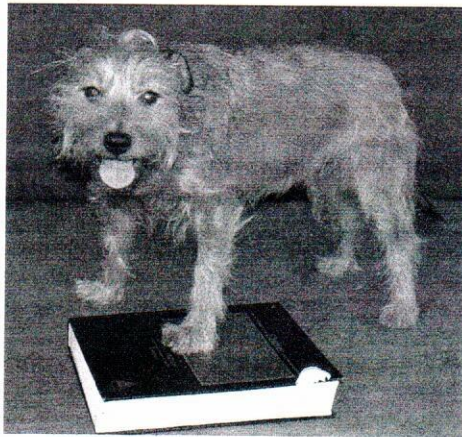


Figure 8.58 *Para standing one book.* Place a book on the floor. Place the dog's paw of the affected leg on the book. Hold for 60 seconds. Repeat three times twice daily. Repeat for any other affected legs.



Figure 8.38 *Sit to stand.* Start with the dog in the sitting position and call to a stand.

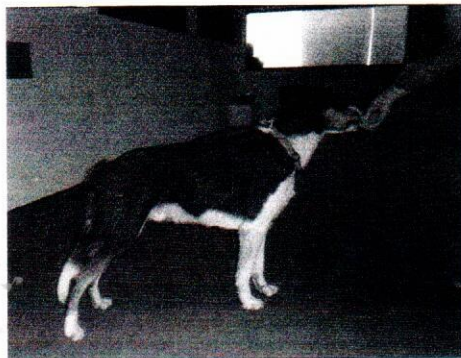


Figure 8.39 *Sit to stand.* Give the 'stand' command and have the dog stand on all four legs. Return to the sitting position. Repeat 10 times twice daily.

Figure 8.15 *Digit flexion.* Hold the toe by the nail and gently bend towards the pad. Hold for 10–15 seconds. Repeat three times twice daily. Repeat for each toe.

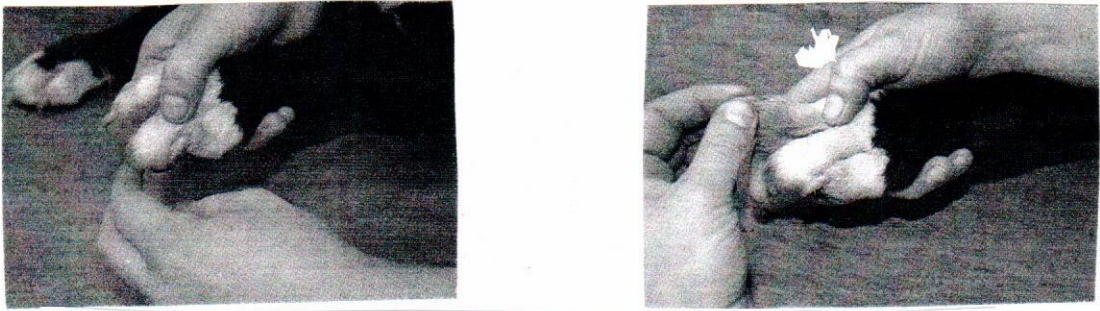


Figure 8.16 *Digit extension.* Hold the toe by the nail and gently pull upwards. Hold for 10–15 seconds. Repeat three times twice daily. Repeat for each toe.



Figure 8.17 *Hip flexion.* With the dog lying on its side, grasp above the knee and bring the knee forwards towards the head. Hold for 10–15 seconds. Repeat three times twice daily.

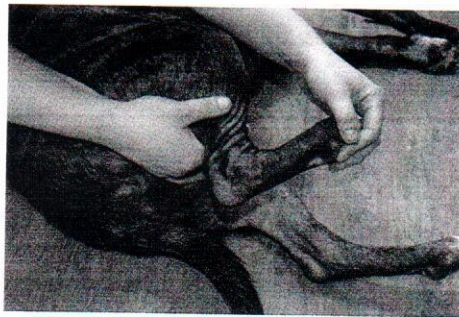


Figure 8.23 *Hock flexion.* With the dog lying on its side, grasp the leg above the hock with one hand. Grasp the foot with the other hand and move the foot gently towards the body. Hold for 10–15 seconds. Repeat three times twice daily.



Figure 8.24 *Hock extension.* With the dog lying on its side, grasp the leg above the hock with one hand. Grasp the foot with the other hand and move the foot backwards. Hold for 10–15 seconds. Repeat three times twice daily.